

ERN2018#2: GENDER EQUALITY IN RESEARCH & DUAL CAREERS

Beyond the Bias and Barriers - Women in STEM Careers in Japan-

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Low Ratio of Female Researchers in Japan

- Numbers of Female Researchers are increasing.
 2005: 98,700(11.9%) --→ 2017: 144,100(15.7%)
- Ratio of the female researchers are still low, because of its low ratio in the <u>companies and industries (8.2%)</u>.



Ratio of Female Researchers in Japan

Policies & Measures Supporting Gender Equality in STEM Field in Japan

- One Numerical Target, 30% by 2020 (2003)
 (30% of female ratio in leading positions in all the area in society)
- 2. Two Basic Plans Every 5 years (since 2005, 2010, 2015)
 1) The Basic Plan for Science and Technology
 2) The Basic Plan for Gender Equality
- 3. Three Programs by MEXT (2006 present)
 - 1) <u>Supporting Activities</u> for Female Researchers (2006 present) <u>Supporting Positive Activities</u> for Female Researchers (2009–2011) (*"KASOKU"-Program/Acceleration-Program*)
 - 2) Restart Postdoctoral (RPD) Fellowship (2006)
 - 3) Support for Female High-School Students into Science(2006)

Increase of Female Ratio of Researchers in STEM



Almost 100 Universities/Institutions have been participating in these MEXT Programs. $(2006^{\circ} \text{ present})$

- 1. Supporting Activities for Female Researchers (2006) "Unique self-check system" (2010 – present)
 - Ochanomizu University

Supporting Positive Activities for Female Researchers "KASOKU-Program"/Acceleration-Program (2009-2011)

Good Examples:

- Nagoya University •

A kind of Kyushu University "Quotas System" brought spillover effects

Restart Postdoctoral (<u>RPD</u>) Fellowship (2006 ~) 2. "Restart from childcare leave"

Various Programs for Promoting Gender Equality

by Nagoya University



"Ochadai Index", A Self-Check INDEX for leveling the field

or research education institutions: a checklist to help build a better work environment for wome

The Ochadai Index

The Ochadai Index was created by Ochanomizu University to measure the level of support that research education institutions provide women researchers. This includes mentoring programs, child-rearing support, and promoting work-file balance. For each of the fifty items below, please circle the appropriate response (I-III) according to the situation at your institution. Your evaluation should be a general estimate. We hope this index will be a valuable reference in the future.

			Check	I	I	Ш
1. School-wide support system	1	Established an	organization to support women researchers	No	Doing now	Yes
		2 Established an	external evaluation committee	No	Doing now	Yes
		Greated a syst	em likely to be fair and transparent	No	Doing now	Yes
		4 Created a syst	em to objectively evaluate performance	No	Doing now	Yes
	Organization	5 Created a syst	em to actively recruit women	No	Doing now	Yes
		6 Created a syst	em to promote women to management positions	No	Doing now	Yes
		7 Created a targ	et figure according to field for hiring women researchers	No	Doing now	Yes
		3 Understand the	a ratio of women researchers according to field and job position	No	Researching now	Published
		Created a bud	zet to support child-rearing	No	Doing now	Yes
	2 Work system	0 Institution has	increased work efficiency	No	Trying now	Yes
		1 Created meeting	ng rules (e.g., no meetings scheduled or extended past 5:00 p.m.)	No	Doing now	Yes
		2 Created a set	day when staff or faculty can go home at a fixed time	No	Doing now	Yes
		3 Made common	y known that a paternity leave system has been established	No	Doing now	Yes
		4 Done a survey	of actual working hours	No	Doing now	Yes
		5 Done a survey	about work-life balance of all faculty and staff	No	Doing nor	Yes
		6 Created a room	n for women to rest	No	Deing now	Yes
2. Support for women researchers	3	7 Created a mult	innumera rastroom or baby auroing room	No	Doing north	Ver
		Oreated a mult	a purpose rescrount of baby nursing room	No	Doing now	Tes
	Child-rearing support	o Greated a child	a care racinty	No	Doing now	Tes
		9 Greated (indep	endently or cooperatively) a day care for sick and recovering children	No	Doing now	Yes
		0 Created (indep	endently or cooperatively) a day care for school-age children	No	Doing now	Yes
		1 Created (indep	endently or cooperatively) on-campus housing to support child-rearing	No	Doing now	Yes
		2 Created a flexi	ble work schedule to support child-rearing	No	Doing now	Yes
	(4)	3 Created a redu	iced-hour system to support child-rearing	No	Doing now	Yes
	$\mathbf{\cdot}$	4 Created a tele	commuting (work from home) or teleconferencing system	No	Doing now	Yes
		5 Made known th	e Action Plan to Support the Development of the Next Generation	No	Doing now	Yes
		6 Created a perf	ormance evaluation system that considers childbirth and child-rearing	No	Doing now	Yes
	Research education support	7 Created a cons	sultation service to support child-rearing and research	No	Doing now	Yes
		8 Created a child	rearing scholarship system for undergraduate and postgraduate students	No	Doing now	Yes
		9 Have research	assistants support women researchers who are raising children	No	Planning now	Yes
		0 Created a men	toring system to assist women researchers	No	Doing now	Yes
		1 Hold seminars,	etc., for career development of researchers who are raising children	No	Planning now	Yes
		2 Hold seminars,	etc., for career development of research assistants	No	Planning now	Yes
3. Information support	(3 Dispatch inform	nation via websites	No	Planning now	Yes
	(5)	4 Created bookle	sts to support child-rearing	No	Doing now	Yes
	(Building an information bank)	5 Built a human	resource data bank to support researchers who are raising children	No	Doing now	Yes
		6 Dispatch inform	nation on role models to support women researchers	No	Planning now	Yes
		7 Cooperate with	other campuses and institutions to support women researchers	No	Planning now	Yes
		8 Created a netv	vork among women researchers	No	Planning now	Yes
4. Raising awareness	6 peneration development	9 Hold lectures of	on and off campus for middle school and high school girls	No	Planning now	Yes
		0 Dispatch inform	nation (via DVD, website, booklet) on role models for school zirls	No	Planning now	Yes
		1 Hold get-toget	hers for role models and middle school and high school girls	No	Planning now	Yes
		2 Hold symposiu	ms and other events for middle schol			
	\bigcirc	3 Inform all staff	about support for women researche	機関のう	支援バラ	シス
	(7)	4 Hold seminare	and study meetings related to child			
	\mathcal{O}	5 Created mase	res to prevent barassment	藏		
	Raising awareness	6 Paired aw	area among man of support for shild		$\widehat{}$	
		7 Delead me	ess among mon or support for child			
		Daised manage	Interit awareness of support for child	/	(体制	
		0 Relead awaren	ess about male remain cooperative p		1	
		Raised awareness or the need to appreciate divers				
		U Raised awaren	ess toward realizing work-life balanc	\leq		_
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without prior consent from violation of the copyright.	Uchanomizu University is a			(4)	研究教育 支援	
			E 0~19	\odot		
					/100	

- Since 2010 \sim present
- In 2016,

Excel Sheets to 98 institutions.

41, recovered (41.8% recovery)

- 50 questions \rightarrow 100 points
- Average score: 61.8 points
 Top: 80 points, Bottom: 17 points
- Popular items:
 - ✓ Set up the Organization (eg: GE Office)
 - ✓ Offering information support via Homepage
 - ✓ Taking measures to prevent sexual harassment
 - Various use:
 - ✓ <u>self-check and follow changes over</u> <u>the years</u>,
 - ✓ <u>data-based evidence for</u> <u>negotiation to the top</u>.

<u>http://www-w.cf.ocha.ac.jp/leader/cosmos/</u> contents/consolidation/ochaindex/howtoochaindex/

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by courtesy of Prof. Eriko Jotaki@ Kyushu University

"KASOKU-Program"/Acceleration-Program No one could say any more "Is there any female applicants?" and so on, Such as "It is deterioration of academic level" !!

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Drastic Increase in 11 years in Biology Division@Nagoya-U.

Division of Biological Sc.i, Graduate School of Sci., Nagoya Univ. http://www.bio.nagoya-u.ac.jp/introduction.html



by courtesy of Prof. Narie Sasaki @ Nagoya University

RPD*: Advancement in the past decade



*: Restart Pstdctoral Fellow ¥ 362,000/month for 3yrs



https://www.jsps.go.jp/j-pd/rpd_gaiyo.html

EPMEWSE — Renraku-kai (established at 2002)

Japan Inter–Society Liaison Association Committee for Promoting Equal Participation of Men and Women in Science and Engineering (EPMEWSE)

The association of <u>90 academic societies</u> in STEM (2015)

The Major Rolls

- 1. Large-scale surveys every 5 years
 - 2. Proposals and Requests to the Government
 - 3. Annual symposium every fall
 - 4. <u>Surveys of female ratio in each societies</u>
 - 5. Summer camp & Workshop for high-school girls

<http://www.djrenrakukai.org/en/index.html>

WELCOME to EPMEWSE: English Homepage

Men a http://www.djrenrakukai.org/en/index.html Visibility Surveys About Us What We Do Additional Resources Home Last Update: 07-Oct-2016 lome of Female Scientists WELCOME TO EPMEWSE Topics 14th Annual Symposium in Scientific Societies in Tokyo (October 8, In Order to Maximize Our Potential, 2016) We Promote Gender Equality in STEM. & Scientific Meeting ONLY 14.7% in 2016 Target is 30% in 2020 Large Scale Surveys Ratio of Female Researchers in Japan pp.428-430.) every 5 years Links Analysis & Reports Large Scale Surveys Proposals & Requests Research & Surveys Girls Summer Camps Japan is well-qualified as a country that promotes scientific advancement. However, the ratio of female professionals in science, technology, engineering and mathematics (STEM) field is at only 14.7% in 2016, which is far behind other developed countries. In order to overcome these gender **Proposals & Requests** gaps in Japan over a long period of time, we established "The Japan Inter-Society Liaison Association Committee for Promoting Equal Participation of Men and Women in Science and Engineering (EPMEWSE)" in 2002. At present, EPMEWSE is the association of 90 academic societies in STEM field in Japan, actively working for gender equality in Japan.

 "Japan's Lagging Gender Equality" has been published in the Science journal (Homma, MK., Motohashi, R. & Ohtsubo, H. Japan's Lagging Gender Equality. Science, 26 APRIL 2013, VOL 340,

- Association for Women in Science (AWIS)
- · American Association of University Women (AAUW)
- ADVANCE for advancement of women in science and engineering careers (NSF ADVANCE PORTAL), USA
- Equality Challenge Unit - Athena SWAN, UK
- Gender Equality Bureau Cabinet Office — UN Women



More »

Visibility of the Female Scientists in Scientific Societies

Female Ratio of the Societies (2013)

The Chemical Society of Japan



The Physical Society of Japan



The Mathematical Society of Japan



The Zoological Society of Japan



Physiological Society of Japan.



Ordinary Student President Directors members members /VPs< (10/82 have female P/VP.)

http://annex.jsap.or.jp/renrakukai/doc_pdf/2013_ratio/2013_ratio_table.pdf

Are we visible enough in the scientific societies? We see Unconscious Bias everywhere!

Speakers invited to Symposium



Homma MK., Motohashi R. and Ohtsubo H. Genes to Cells 18(07): 529-532 (2013)

Large-Scale Survey in STEM Every 5 Years

The 3rd Large–Scale Survey of Actual Conditions of Gender Equality in Scientific and Technological Professions August 2013

81 Scientific Societies in STEM field, Survey was done in the fall of 2012 Numbers of respondents: 16,314 (Male 11,958 & Female 4,356) http://www.djrenrakukai.org/doc_pdf/3rd_enq_report_en.pdf

Contents of the Report:

- Chapter 1 Summary of Results
- Chapter 2 Gender Gap in Job Positions
- Chapter 3 Child and Nursing Care
- Chapter 4 Limited-term Employment and Postdocs
- Chapter 5 Programs and Policies
- Chapter 6 Written Comments

Numbers of children in younger generation

Numbers of children





More than two children are desired, but it is difficult for younger generations.

The reasons why they do not have children



financial matter difficult to maintain career and family

http://www.djrenrakukai.org/doc_pdf/3rd_enq_report_en.pdf

Heavy family responsibility to women's side (2007)

Hours at workplace per week Hours for household & childcare per day



5 at home



Female<Male

Shorter working hours (11-14 hrs/week) in the Lab

http://www.djrenrakukai.org/2007enquete/h19enquete_report_v2.pdf

Childcare Leave: The rate is increasing, but





http://www.djrenrakukai.org/doc_pdf/3rd_enq_report_en.pdf ¹⁸

Requirements for Balancing Family and Work

Expanded Nursery Service Sick Child Care Variety of provisions for leave of absence Expanded after-school care for children Changes in male and female roll

> Flexible Working Hours Expanded Nursing-care sirvice Workplaces Atmosphere Understanding from Supervisor

Changes in "work as center" concepts



http://www.djrenrakukai.org/doc_pdf/3rd_enq_report_en.pdf

The analysis of "The 4th Large-Scale Survey" has done in 2017. New data is open in our Homepage (http://www.djrenrakukai.org/enquete.html#enq).

"WOMEN IN SCIENCE", Interviewed by "Science"

Plan to drop goals for women roils Japanese science

Change stirs debate about how to remedy underrepresentation of women

"Targets have not had as much impact as we would like."

Yuko Harayama, Council for Science, Technology and Innovation

"Without numerical targets we're afraid progress could stall." Hisako Ohtsubo, Nihon University Science 349 Issue 6244 p127–128, July 10, 2015 by Dennis Normile, in Tokyo



Dennis Normile 記者 (Science)

Stuck on the first rung

In Japan, women have made up a growing percentage of total faculty members but a smaller proportion is being promoted to full professorships.



Yes, we want to be leaders!!

From EPMEWSE Large Scale Surveys (2003 – 2017)

MEXT programs have changed the attitude of Women scientists.



From *the Reports on the 4th Survey,* October 14, 2017 http://www.djrenrakukai.org/report/20171014_15th/4th_enq_report_S.pdf ²¹

Leaflet "Understanding Unconscious Bias"

EPMEWSE published the leaflet in order to understand **Unconscious Bias** we face, such as hiring, promotion, awarding and so on.

- Introduction
- Unconscious Bias is a Relatively New Concept.
- Unconscious Bias Schema
- Unconscious Bias in Action (Examples)
- Unconscious is most extreme when…
- Implicit Association Test (IAT)
- Tools to Interrupt Unconscious Biases
- Closing Remarkes

English version: published in March, 2018 http://www.djrenrakukai.org/en/index.html

http://www.djrenrakukai.org/doc_pdf/2017/UnconsciousBias_leaflet_eng.pdf²²

References

The Large-Scale Survey by EPMEWSE

The 3rd Large-Scale Survey of Actual Conditions of Gender Equality in Scientific and Technological Professions (Survey Report: Concise Summary) http://www.djrenrakukai.org/doc_pdf/3rd_enq_report_en.pdf

Letters, Articles and Interviews Reports:

1. Homma MK, Motohashi R. and <u>Ohtsubo H</u>.: Japan's Lagging Gender Equality. Science Apr 26; 340 (6131): 428-30 (2013)

2. Homma MK., Motohashi R. and Ohtsubo H.: Maximizing the Potential of Scientists in Japan: promoting equal participation for women scientists through leadership development.

Genes to Cells 18(07): 529-532 (2013)

3. Still Less Equal: Japan's government must stick by its promise to help women's careers to prosper. Nature Editorials, 497 535, 30 May, 2013

4. Japan Aims high for growth: Innovation in science is at the heart of government plans to boost the economy. By David Cyranoski, Nature Letters, 497 548, 30 May, 2013

5. Women in Science: Plan to drop goals for women roils Japanese Science: Change stirs debate about how underrepresentation of women. Science 349 Issue 6244 p127-128, July 10, 2015 by Dennis Normile, in Tokyo

6. Yokoyama, M., Ohtsubo, H., OGAWA, M., et al: The Policies Promoting Women's Participation in STEM Fields in Japan from 2006 to 2015.:ジェンダー研究: お茶の水女子大学ジェンダー研究所年報 (Gender Research Institute: Ochanomizu University. Annual Report) Vol.19 p.175 -192

URLs:

Kyushu Univ.: Women Researchers Promotion Programs, http://wrp.kyushu-u.ac.jp/eng/busi/index.php#a Nagoya Univ.: <u>http://www.kyodo-sankaku.provost.nagoya-u.ac.jp</u>

Thank you!



Girl's Day and/or Women's Day in Japan!!